

Earth Work in the Dark!

Earth Hour is coming soon. [Check here](#) to find the exact date and time in March.

World Wildlife Fund suggests we turn off all nonessential (not-needed) lights for one hour and at the same time commit to doing an hours work of Earthwork either then or later. Choose anything for an hour that will help our Earth. [Learn more here.](#)

KSE suggests that it would be fun to do some Earth Work in the dark that very night. Leave on a dim light so you can see what you are doing. Check out some of the ideas below!

*Have an Earth hour sleepover. Maybe a camping trip! Be sure your treats are grown organically like organic fruit, chips and popcorn. Use [reusable bottles](#), plates and utensils for your food. Take turn reading an Earth-saving book to each other like [Clinton's Tree of Life](#).

*Invite some friends to your home and [begin with a yoga class during Earth Hour](#). Ask an adult to help you find some good yoga exercises. Next hand out the [KSE Call to Action](#) and fill out what you and your family will do to help protect Earth.

There is so much you can do even in the dark. Go to KidsforSavingEarth.org for more ideas.

Earth Hour

<https://www.worldwildlife.org/>

*Go on a hike while its still light enough to pick up trash or plant some trees at your home. Then have an Earth Hour Earth-friendly dinner with your friends. Certain meals are good for Earth. [Check out a few ideas here.](#) You can eat inside or outside with a dim light.

