



ecome A Bird



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From the rainforest to the wintery arctic, birds migrate (move) from one home to another. Along the way, they make lots of stops to rest and eat. The problem is that as they fly, thousands of these birds are vanishing. Their habitat (home) is disappearing along with their food. They also face many environmental hazards; like water and air pollution, pesticides or other chemical poisons.

What Can We Do to Help Birds?

1. Adopt your [favorite bird](#) and become its buddy. First learn about its habitat, food and migratory path. [Email us a report](#) and drawing of your bird. We will put your drawing and report on the KSE website on our Bird Buddy Helpers page. [Click on Audobon for Kids to begin your bird journey.](#)
2. Set up a bird monitoring center in your “neck of the woods”. Find a window with a good view or an apartment balcony can work. Decide what information you want to collect and make a chart to keep records. For example, you would want to know what kind of birds you see and how many of each kind each day. What kind of food do they eat? Do you provide bird seeds or do they eat from plants in your area? If you make a graph of your results for math class perhaps you will earn extra credit. Here’s more on [backyard birding.](#)
3. Study how to provide bird habitat by going to these sites and then give a report to your classroom so students can help create habitat at your school. [Click here.](#)
4. [Learn how to create a Migratory Bird Day](#) at your school or neighborhood. The day you choose depends on your location. Include a hike in your neighborhood to bird watch. Be sure to take cameras and binoculars. [Email](#) photo or drawings to KSE. Find a local bird seed supplier who may provide bird seed to you at a discounted rate. You can sell it at the event at the actual retail price to earn funds for the school or neighborhood bird habitat that you will create.
5. A good place to start protecting migratory birds is at the Kids for Saving Earth Rainforest in Costa Rica. To support their habitat [click here.](#)



kidsforsavingearth.org 651-277-2222

