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From the rainforest to the wintery arctic, birds migrate (move) from one home to another. Along the way, they make lots of stops to rest and eat. The problem is that as they fly, thousands of these birds are vanishing. Their habitat (home) is disappearing along with their food and they face many environmental hazards; like water and air pollution, pesticides or other chemical poisons.



1. Adopt your favorite migratory bird and become its buddy. First learn about its habitat, food and migratory path. Email us a report and drawing of your bird. You can email it to [kse@kidsforsavingearth.org](mailto:kse@kidsforsavingearth.org) or send it to KSE, 37955 Bridge Road, North Branch, MN 55056. We will put your drawing and report online on our Bird Buddy Helpers web page. You should be able to find a bird you would like to choose as a buddy by [clicking here](#).



2. Set up a bird monitoring center in your "neck of the woods". A backyard, a window with a good view or an apartment balcony can work. Decide what information you want to collect and make a chart to keep records. For example, you would want to know what kind of birds you see and how many of each kind each day. What kind of food do they eat? Do you provide bird seeds or do they eat from plants in your area? If you make a graph of your results for math class perhaps you may earn extra credit.

3. Study how to provide bird habitat by going to these sites and then give a report to your classroom so students can help create habitat at your school. [Click here](#).



4. Create a Migratory Bird Day at your school or neighborhood. Learn how to at <http://www.birdday.org/> The day you choose depends on your location.



Include a hike in your neighborhood to bird watch. Be sure to take cameras and binoculars.



Find a local bird seed supplier who may provide bird seed to you at a discounted rate. You can sell it at the event at the actual retail price to earn funds for the school or neighborhood bird habitat that you will create.

5. A good place to start protecting migratory birds is at the Kids for Saving Earth Rainforest in Costa Rica. To support their habitat [click here](#).



[www.kidsforsavingearth.org](http://www.kidsforsavingearth.org) 651-277-2222

