







A Kids for Saving Earth News Extra



You Are the Pollution Solution

There are lots of ways you can help protect the Earth. The easiest way is to begin right in your home: Turn off the lights and TV when you aren't using them. This conserves energy and saves you money! Take shorter showers so you don't waste water. Walk, bike, or carpool whenever you can so your car won't cause as much air pollution.





Talking Trash

We all create way too much trash. It is filling up our landfills (garbage dumps). So let's make less trash. You can do this by recycling, composting, buying

reusable items and products that are more concentrated and have less packaging.

Water and Soil

water and soil on



our planet isn't very healthy right now. We pour chemicals down our drains and spray pesticides on our lawns and gardens. These chemicals can end up in our water and food supplies. So let's stop using these chemicals. We really don't need all of them. Look for cleaning products and lawn care products that will not hurt the Earth.

Buying Green

"Buying Green" means looking for products that are made out of recycled materials, are reusable, can be easily recycled, use less packaging and are concentrated so you use less each time. It also means choosing household and yard care products that do not contain harsh chemicals.

Products that are "green" are as safe for the Earth as possible! There are lots of household products available that won't harm the Earth. Become an Earth Inspector and find them!



So What is Hazardous Waste?????

It's garbage that can make the air we breathe,

the water we drink, and our land unsafe. We don't know everything about how dangerous certain garbage may be, but we know a lot, and we're learning more every day. When you take your Earth

Inspector Tour, look for warning words on containers like poison, caustic, corrosive, danger or flammable. These hazardous products aren't good for you or Earth. Call your city government and ask them how to safely get rid of this kind of waste. Try not to buy more. If you must use them, dispose of them and their containers properly.



Some Common Hazardous Substances

Bleach, caustic drain cleaners, glass cleaners, household ammonia, oven cleaners, batteries, oil filters, motor oil, oil-based paints, turpentine, gasoline, epoxy glues, fluorescent lights, bug killers, pesticides used in gardening and farming, flea collars, flea soap, prescription medications.

Look for Good Earth Words and Symbols!

There are probably lots of products in your home that are better choices for the Earth. Look for words like: organic, biodegradable, phosphates-free, nitrate-free, made from recycled materials, post-consumer waste, or concentrated. Or look for the recyclable sign.



Stuff You Can Recycle

You can easily recycle newspapers, glass, aluminum and tin cans, and other metal such as copper and steel. Most communities also recycle plastics, junk mail, office and school paper. Some even recycle juice boxes. Many grocery stores have a collection bin for plastic bags and Styrofoam. If your grocery store doesn't do this, write a letter to the manager and encourage such recycling. Call your city hall or check their website to find out more about recycling in you area.

Consider Composting

Organic garbage includes plant materials like leaves, grass, plants or even leftovers from the kitchen, such as apple cores or potato peels. Investigate the best ways to collect this organic garbage for composting. Once you have a compost pile started, add a little water every few weeks and mix it all up. You'll soon have a mound of rich soil you can use to help other plants grow.

Inspecting Your Home

Before you and an adult inspect your own home, <u>check out #30 Pollutio Place</u> on the next page. Locate and circle all the items that may create problems for Earth. Try to circle all 30 problems. Then teach your parents what you have learned. Next look over this <u>Inspector Checklist</u> with adults to see if you dispose of more pollution



Earn a "Defender of the Planet" Award

When you return Inspector Checklist with 30 pollution problems circled and when your parents have signed that they have learned about the problems, your instructor can give you a Defender of the Planet Award. Click here to print out the award. www.kidsforsavingearth.org/