

Eco Activities Day



Junk Mail



Everyday people receive loads of “junk mail” (that’s mail you don’t want). You can recycle it but it’s still a waste of paper, postage costs, and energy.

1. Starting today save your junk mail for a month.
2. At the end of the month, print out [this postcard](#) and fill it out. You may need card stock to print it on.
3. Address the card to the company who sent you the mail asking to be removed from its mailing list.
P.S. Ask your teacher or principal if you can do the same thing with the junk mail your school receives.

www.kidsforsavingearth.org

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