

# How Healthy is My School?



Check these off as you learn about these health issues in your school.

- We don't use pesticides in our school.
- We don't use pesticides on our school yard.
- The buses at our school don't idle with exhaust coming into the classrooms.
- Our students don't line up near the school buses while the buses are idling.
- Make a list of the cleaning supplies the school uses. Check the ingredients and the directions for safety. (do this with your teacher.)
- School construction and repair activities are not happening near my classroom.
- Check with your principal to see that there is fresh air coming into the ventilation system in your school.
- I go outside and exercise at recess.
- My school playground is not near a busy major highway.
- I have very little carpet in my school.
- I am using safe art supplies.
- I will ask my teacher to check with the school district to see if my school has been tested for lead and mercury contamination.
- I have checked out the Healthy Schools Network to learn more about the healthy schools issue. (Do this with your parents or teacher)

Let's ask the Principal to help us make our school healthy.

Here are a few more important links for you, your parents and teachers to study.

[http://www.healthyschools.org/kids\\_page.html](http://www.healthyschools.org/kids_page.html)

<http://kidsforsavingearth.org/calendar/9-1-11/beyond.htm>

Healthy School Supplies

