

# Picnic for the Planet

A program by the **Nature Conservancy** and adapted by **Kids for Saving Earth**.



Choose a day in April (Earth Month), to have a special picnic to celebrate the beautiful, healthy food the Earth produces. Also to learn about how the production of food can help or hurt the Earth.

## Have a Picnic for the Planet!

1. Choose a day in April to plan a picnic with friends, your class, your school or your family and then spread the word about your event. You can email, make posters or mail invitations. If you use social network sites, post your picnic date and location; we will post it on our **KSE Facebook** too.
2. Discuss what kinds of Earth-safe foods you'll have at your picnic. In your classroom (or at home) discuss which foods are good for the Earth (sustainable). These are healthy foods grown close to where you live and grown without chemicals that hurt you and Earth. Check out the **KSE link about organic farming and gardening**. Some examples might be organic fruits and vegetables, home-harvested honey, fresh-baked bread, fish you have caught, and meat from local farms. When food is grown close to you, less energy is used to transport it.
3. On the day of your Picnic for the Planet, plan a celebration to honor Earth. In addition to enjoying healthy food, kids can plan a **Waste Free Lunch**, say and sign the **Kids for Saving Earth Promise**. Go on a hike and **pick up trash** along the way. Students can take a sketch book and draw their favorite animals and birds for KSE's **Precious Species** link. You can even have a **Can Can Carnival** to earn money for your school's Earth-saving activities.
4. Be sure to **email Kids for Saving Earth** letting us know when and where you are having your picnic. Also send photos and drawings. We will place them on the **Defenders of the Planet** link. Go to [www.kidsforsavingearth.org](http://www.kidsforsavingearth.org) for more ideas.

Additional Resources:

[Simple Steps for an Earth Day Picnic](#)

[Ecointelligent Eating](#)

